



# NOVEMBER 2016



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	8:45 am – Exercise <b>1</b> 10 am – Chair Caning & Basket Weaving 10:15 am–Tai Chi at C. Lutheran 2 pm – Ballroom Dance <b>2 pm – Food Bingo (Sign Up)</b> 5:15 pm – TOPS #313	9 am – Tap Class <b>2</b> 10 am & 11:15 am – Yoga 10 am – Ceramics Class 10 am – Needlework 1 pm – Line Dance <b>1 pm –Tax Diversification Seminar w/snacks (Sign up)</b> 2 or 2:30 pm – Computer Class (sign up)	8:45 am – Zumba <b>3</b> 10 am – Art on your own 10 am – Quilting <b>10:15 am – Singers leave for Oakland Baptist Church</b> 11 am – 49ers + Club Mtg 12:30 pm – Cards on own	<b>4</b> <b>NO EXERCISE TODAY!!!</b> 10:15 am – Tai Chi Class <b>NO PICKERS TODAY!!!</b>
	9 am – Bridge <b>7</b> 12:30 pm – Senior Mtn Pickers 1:00 pm – Mexican Train Dominos <b>7 pm – Cole Bluegrass Show</b>	8:45 am – Exercise <b>8</b> 10 am – Chair Caning & Basket Weaving 10:15 am–Tai Chi at C. Lutheran <b>1:30 pm – Singers at The Oaks (Richfield)</b> 2 pm – Tea Dance (Ballroom) 5:15 pm – TOPS #313	8:45 am – Zumba <b>10</b> 10 am – Art on your own 10 am – Quilting <b>10:30 am – 49ers leave for lunch out at Peaks of Otter</b> <b>1:00 pm – Kroger Pneumonia Shots (FREE with Medicare)</b>	<b>11</b>  <b>VETERANS DAY</b> SENIOR CENTER CLOSED
9 am – Bridge <b>14</b> 12:30 pm – Senior Mtn Pickers 1:00 pm – Mexican Train Dominos 	<b>15</b> <b>7 am – Bus leaves Salem Civic Ctr - Southern Xmas Show</b> 8:45 am – Exercise 10 am–Caning/Basket Weaving 10:15 am–Tai Chi at C. Lutheran <b>1 pm – Singers leave for Our Lady of Valley</b> 2 pm – Ballroom Dance 5:15 pm – TOPS #313	9 am – Tap Class <b>16</b> 10 am & 11:15 am -Yoga 10 am – Ceramics Class 10 am – Needlework 1 pm – Line Dance 2 or 2:30 pm – Computer Class (sign up)	8:45 am – Zumba <b>17</b> 10 am – Art on your own 10 am – Quilting <b>12 noon –MONTHLY COVERED DISH LUNCHEON w/entertainment by Benefits of Laughter</b> 12:30 pm – Cards on own	9 am - Bridge <b>18</b> 12:30 pm – Senior Mtn Pickers 1:00 pm – Mexican Train Dominos
<b>21</b> <b>NO EXERCISE TODAY!!!</b> 10:15 am – Tai Chi Class <b>1 pm – Trivial Pursuit</b> <b>NO PICKERS TODAY!!!</b>	<b>22</b> <b>7 am – Bus leaves Salem Civic Ctr - Tanglewood Lights</b> 8:45 am – Exercise 10 am–Caning/Basket Weaving 10:15 am–Tai Chi at C. Lutheran Dance <b>10:30am – Singers at Snyder's</b> 2 pm – Tea Dance (Ballroom) 5:15 pm – TOPS #313	9 am – Tap Class <b>23</b> 10 am & 11:15 am -Yoga 10 am – Ceramics Class 10 am – Needlework 1 pm – Line Dance 2 or 2:30 pm – Computer Class (sign up)	<b>24</b>  <b>happy THANKSGIVING</b> SENIOR CENTER CLOSED	<b>25</b>  <b>BLACK FRIDAY</b> SENIOR CENTER CLOSED
9 am – Bridge <b>28</b> 12:30 pm – Senior Mtn Pickers 1:00 pm – Mexican Train Dominos	<b>29</b> 8:45 am – Exercise 10 am – Chair Caning & Basket Weaving 10:15 am–Tai Chi at C. Lutheran 2 pm – Ballroom Dance 5:15 pm – TOPS #313	<b>30</b> 9 am – Tap Class 10 am & 11:15 am -Yoga 10 am – Ceramics Class 10 am – Needlework 1 pm – Line Dance 2 or 2:30 pm – Computer Class (sign up)	 <b>DMV2GO</b> Thursday, November 17 Salem Civic Center 9:00 am – 4:00 pm Monday, November 21 Salem VA Med Center 9:00am – 4:00pm	

## SALEM SENIOR CENTER

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BRAD BLANKENSHIP

## Quick Pear Tart Recipe



### Ingredients

1/4 cup raw sugar  
2 teaspoons ground cinnamon  
1 sheet puff pastry, thawed  
1/2 stick butter, melted  
2 (15 1/4-ounce) cans pear halves, keeping stem end attached, cut into 1/4-inch thick slices  
1/2 cup shredded Cheddar

### Directions

Preheat oven to 400 degrees F.  
In a small bowl, mix sugar and cinnamon together. Lay puff pastry sheet on a work surface brush with melted butter and sprinkle with half the cinnamon sugar. Cut into 6 even pieces. Fan the pear slices over the puff pastry, using 1/2 a pear for each puff pastry square. Sprinkle tops of pear tarts with remaining cinnamon sugar mixture. Bake until pastry is golden and cooked through, about 20 to 25 minutes.  
Remove from tart from oven, sprinkle with cheese and bake until cheese melts, 5 minutes more.

## COLE BLUEGRASS SHOW

Monday, November 7  
7:00 pm - 9:00 pm

Hanging Rock  
Ramblers

&

Bluegrass Inspirations

